

Foundation Combined — only core Foundation content included.

**Q1. Describe the roles of FSH, oestrogen, LH and progesterone in the menstrual cycle.**

**[4 marks]**

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**Q2. Explain how the combined contraceptive pill prevents pregnancy.**

**[3 marks]**

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**Total: 7 marks**

## Q1 (4 marks)

*Describe the roles of FSH, oestrogen, LH and progesterone in the menstrual cycle.*

- FSH (pituitary): stimulates follicle/egg to mature; stimulates oestrogen production [1]
- Oestrogen (ovary): thickens uterus lining; at high levels triggers LH release; inhibits FSH [1]
- LH surge (pituitary): triggers ovulation (release of mature egg) on day ~14 [1]
- Progesterone (corpus luteum): maintains uterus lining; falls if no pregnancy → menstruation → new cycle [1]

## Q2 (3 marks)

*Explain how the combined contraceptive pill prevents pregnancy.*

- Pill contains oestrogen and/or progesterone [1]
- These inhibit FSH release from the pituitary gland [1]
- Without FSH, no egg matures and no ovulation occurs → pregnancy cannot happen [1]