

This is the **Foundation Separate** version. Higher Tier (★) questions have been removed. All remaining questions are Foundation-level.

The Nervous System and Reflex Arc (4.5.2)

Specification reference: 4.5.2

Q1. Name the THREE types of neurone in the nervous system and state the function of each.

[3 marks]

Q2. Describe the sequence of events in a reflex arc when a person's hand touches a hot object.

[4 marks]

Q3. Explain why reflex actions are faster than voluntary actions.

[2 marks]

Blood Glucose Control (4.5.3.2)

Specification reference: 4.5.3.2

Q4. Explain how the body responds when blood glucose concentration rises above normal after eating a meal.

[4 marks]

Q5. Compare Type 1 and Type 2 diabetes in terms of cause, mechanism and treatment.

[4 marks]

Hormonal Control of Reproduction (4.5.3.4–5)

Specification reference: 4.5.3.4

Q6. Describe the roles of FSH, LH, oestrogen and progesterone in the menstrual cycle.

[4 marks]

Q7. Explain how the contraceptive pill prevents pregnancy.

[3 marks]

Total: 24 marks

The Nervous System and Reflex Arc (4.5.2)

Q1 (3 marks)

Name the **THREE** types of neurone in the nervous system and state the function of ...

- Sensory neurone: carries impulses from receptors to the CNS [1]
- Relay neurone: carries impulses within the CNS [1]
- Motor neurone: carries impulses from CNS to effectors (muscles/glands) [1]

Q2 (4 marks)

Describe the sequence of events in a reflex arc when a person's hand touches a h...

- Stimulus (heat) detected by thermoreceptors in skin [1]
- Impulse travels along sensory neurone to spinal cord [1]
- Signal crosses relay neurone in spinal cord [1]
- Impulse travels along motor neurone to effector (muscle) → hand withdraws [1]

Q3 (2 marks)

Explain why reflex actions are faster than voluntary actions.

- Reflex arcs do not involve the brain — signal goes through the spinal cord only [1]
- Shorter nerve pathway / fewer synapses → faster response time [1]

Blood Glucose Control (4.5.3.2)

Q4 (4 marks)

Explain how the body responds when blood glucose concentration rises above norma...

- Beta cells in the pancreas detect the rise in blood glucose [1]
- Insulin is secreted into the blood [1]
- Insulin causes body cells to take up glucose from the blood [1]
- Liver converts excess glucose to glycogen (glycogenesis) — blood glucose falls back to normal [1]

Q5 (4 marks)

Compare Type 1 and Type 2 diabetes in terms of cause, mechanism and treatment.

- Type 1: autoimmune destruction of beta cells → no insulin produced [1] — treated with insulin injections [1]
- Type 2: body cells become resistant to insulin (still produced) [1] — managed with diet, exercise, weight loss (medication if needed) [1]

Hormonal Control of Reproduction (4.5.3.4–5)

Q6 (4 marks)

Describe the roles of FSH, LH, oestrogen and progesterone in the menstrual cycle...

- FSH: stimulates egg maturation in ovary and oestrogen production [1]
- Oestrogen: repairs/thickens uterus lining; at high levels triggers LH release [1]
- LH surge (day ~14): triggers ovulation (release of mature egg) [1]
- Progesterone: maintains uterus lining after ovulation; falls if no pregnancy → menstruation [1]

Q7 (3 marks)

Explain how the contraceptive pill prevents pregnancy.

- Pill contains oestrogen and/or progesterone [1]
- These inhibit FSH release from the pituitary [1]
- Without FSH, no egg matures → ovulation does not occur → pregnancy impossible [1]