

This is the **Foundation Separate** version. Higher Tier (★) questions have been removed. All remaining questions are Foundation-level.

Pathogens and Communicable Disease (5.1–5.3)

Specification reference: 5.1

Q1. Explain how HIV causes AIDS. Describe the progression from initial infection to AIDS.

[4 marks]

Q2. Explain why antibiotics cannot be used to treat viral diseases such as influenza.

[3 marks]

The Immune System and Vaccination (5.4–5.5)

Specification reference: 5.4

Q3. Describe the specific immune response when a pathogen enters the body for the first time. Explain how vaccination exploits this response.

[5 marks]

Drug Development (5.6–5.9)

Specification reference: 5.6

Q4. Describe the stages of clinical trials for a new drug. Explain why a double-blind placebo-controlled trial is the gold standard.

[4 marks]

Total: 16 marks

Pathogens and Communicable Disease (5.1–5.3)

Q1 (4 marks)

Explain how HIV causes AIDS. Describe the progression from initial infection to ...

- HIV is a virus that infects CD4+ T helper lymphocytes (white blood cells) [1]
- HIV replicates inside T cells, destroying them [1]
- As T cell count falls, the immune system becomes progressively weaker [1]
- AIDS: T cell count falls below critical level — opportunistic infections (that healthy immune system would control) become life-threatening [1]

Q2 (3 marks)

Explain why antibiotics cannot be used to treat viral diseases such as influenza...

- Antibiotics target bacterial-specific structures such as cell walls [1]
- Viruses do not have cell walls or bacterial ribosomes [1]
- Viruses replicate inside host cells using the cell's own machinery — targeting viral replication would also kill host cells [1]

The Immune System and Vaccination (5.4–5.5)

Q3 (5 marks)

Describe the specific immune response when a pathogen enters the body for the fi...

- Pathogen has antigens on surface [1]
- Lymphocytes produce specific antibodies complementary to the antigens [1]
- Antibodies bind to antigens — pathogen marked for destruction [1]
- Memory cells formed — remain in body long-term [1]
- Vaccine contains harmless antigen → same response → memory cells formed → rapid protection on real exposure [1]

Drug Development (5.6–5.9)

Q4 (4 marks)

Describe the stages of clinical trials for a new drug. Explain why a double-blind...

- Phase 1: healthy volunteers — test safety and dosage [1]
- Phase 2: patients with disease — test effectiveness [1]
- Phase 3: large-scale trial vs placebo or existing drug [1]
- Double-blind: neither doctor nor patient knows allocation — prevents bias from doctors and placebo effect in patients [1]